COHORT A

WomenLift Health

NORTH AMERICA LEADERSHIP **JOURNEY**

2024-2025 Calendar



MONTH & THEME



LEARNING TOUCHPOINT

(Wednesdays, 1-4pm Eastern Time)



MENTORING TOUCHPOINT (90 minutes)

ONBOARDING

AUTHENTIC LEADERSHIP

INCLUSIVE LEADERSHIP



JOURNEY ELEMENTS

COACHING TOUCHPOINT (30-90 minutes)



JOURNEYPLUS (Optional)

LEADERSHIP PROJECT

MARCH 2024 Orientation

March 5: Tech Platform Orientation (1-2:30pm ET)

March 6: Welcome Orientation (12-2:30pm ET)

Intro Call: Month of March (30 min)

Projects Overview

Leadership

Develop & Finalize Leadership Project Idea

APRIL 2024 Leadership Assessments

Immersion • Identity •

Resilience • Voice • Purpose

Month of April

WorkPlace Big Five: Month of April (90 min)

Month of June

(60 min)

April 10, 1-3pm ET: Storytelling for **Authentic Leadership**

> Deliverables Overview

Develop & Submit Theory of Change, Stakeholder **Analysis** Implementation Plan

Leadership Projects Reviewed

JUNE 2024 Expand Your Mindset

JULY 2024

MAY 2024

June 12

May 6-10:

3-Day Immersion

Month of July

July 10, 1-3pm ET: **Building Male** Allies

> Begin **Implementation**

AUGUST 2024 Ally & Amplify

SEPTEMBER 2024

Inspire Action

Prep for Project

Implementation

August 14

STRATEGIC LEADERSHIP

IMPACTFUL LEADERSHIP

Month of September (60 min)

Sep 25, 1-2:30pm ET: Peer Coaching

Nov 20, 1-2:30pm

ET: Collaborative

Visioning

OCTOBER 2024 Leverage Your Power

October 23

September 11

Month of October

Month of October (60 min)

Implementation

Lead Change

DECEMBER 2024

Reimagine Possibilities

NOVEMBER 2024

November 13

Dec 11, 1-3pm ET: Peer Coaching 2

JANUARY 2025

Develop Others

January 15

Month of January

Month of January (60 min)

FEBRUARY 2025

February 5: Lift-Off • Reflections • Lift-Off Public Event Presentations • Goal-Setting

Feb 11-13: Lift-Off Private Event Presentations at Lift-Off Part 1 **Event**









PROGRAM DATES

Before applying, please check the dates and timing of the sessions to ensure you would be able to attend all touchpoints and in-person residencies. They are all mandatory to attend aside from the JourneyPLUS events, which are optional.

The in-person residences involving travel include the **3-day Immersion** (May 6-10, 2024; travel days included) in Greensboro, North Carolina and the **2-day Lift-Off** (February 11-13, 2025; travel days included), location TBD.

Elements of the Journey



Virtual Learning

Learning Touchpoints are facilitated, virtual group sessions. Cohort members explore leadership frameworks, research & tools in highly interactive learning touchpoints and workshop-style sessions focused on dynamic practice. The touchpoints focus on personal & professional growth, relevant topics and priorities for health leadership, as well as their Leadership Projects. These sessions allow the cohort to share with and learn from each other.



Virtual Mentorship

Effective women leaders are championed by a network of strong supports, including that of mentors. We identify senior-level leaders from different backgrounds, health sectors, and disciplines to serve as mentors to the cohort. Mentoring groups, comprised of several cohort members and one mentor, are grouped based on complementary backgrounds and professional trajectory. Cohort members will be able to rely on their mentor as a technical and career resource during the Journey.



Virtual Coaching

Having a personal leadership coach is critical in helping navigate change and adapting to new challenges on the path towards leadership roles.

Cohort members are paired with an executive coach who works one-on-one with them to build on their strengths and address areas for growth. Leadership style assessments, including a "360-degree evaluation," will inform these conversations and enhance each participant's understanding of their own leadership skills. With this gift of feedback and support from their coach, participants can decide which leadership competencies to focus on, paving the road for them to be a more powerful and effective

The combination of mentors and coaches is powerful as women prepare for the next level of their career, providing both professional connections and transformational leadership guidance.



In-Person Residencies*

The 'Leadership Immersion' is a 3-day experiential convening that takes place a few months into the Journey. Through dynamic discussions and hands-on exercises, cohort members enhance their skills, apply them to real-world examples, and reflect on lessons learned. A series of powerful conversations will complement the instruction, featuring eminent figures in global health who have led transformational change.

The 2-day 'Leadership Lift-Off' event at the end of the Journey celebrates the cohort's growth as they 'lift off' to a new phase of their leadership. Cohort members will reflect on their leadership evolution through the course of the year and present their leadership projects to their peers as well as other global health audiences.

*Covid Caveats: Please note that due to uncertainties caused by Covid-19, the programming and calendar, including the in-person events, may need to be converted to an all-virtual format.



Leadership Project



There are only 4 rules for the Leadership Project:

- It should focus on improving outcomes at the intersection of health and gender equality, or take a gendered lens on a global health issue
- It should leverage your leadership skills
- It should be within your scope of control or influence, but also stretch you beyond your day-to-day work requirements
- You should be passionate about it

Leadership Projects fit into one of four themes:

- Centering women and girls in health
- Catalyzing institutional change
- Optimizing pathways to leadership
- Building integrated & resilient health systems

The Leadership Project is an opportunity for each member to design and lead an effort that taps into their expertise, network, passion, and creativity.

Participants enter the Journey with a project idea and develop a Theory of Change, stakeholder analysis, and implementation plan with the guidance of their mentor, coach, and global health experts. The implementation phase of the project begins in the latter half of the Journey. Finally at the Leadership Lift-Off event, each cohort member presents a summary of their project's development and early outcomes.

Implementation of the project does not have to be fully complete by the end of the Journey and will likely continue beyond it.

Your Leadership Project could accomplish one or more of the following, but is not limited to:

- Answering a research question
- Promoting health or gender education in a particular group
- Developing a new or better technology
- Innovating a better way to collect/analyze/use health/gender data
- Improving a gender or health-related process/system in your organization
- Empowering or enabling women in your community or organization to be successful
- Incorporating a gendered lens into a policy, practice or research project where it was absent



JourneyPLUS Sessions

JourneyPLUS sessions are optional events that offer informal, but focused spaces for the cohort members to build community with one another and explore special topics. The sessions often feature guest speakers such as senior global experts and Leadership Journey alumnae.